

7/5/12

Nouthetic counseling is a directive counseling model where the counselor shares how a person should respond based on what the Scripture says. For example, "You shouldn't let negative thoughts control you. You should take every thought captive." The problem with this method is that people are not able to do what the Bible says. If they could, they would change their behavior.

The method you observed at CFTH is to define the issue, identify the cause and then lead them in prayer to allow God to change their heart.